



Information from the NKF Helpline
Telephone (free to call)
0800 169 0936

RENAL PATIENTS' FOOT SURVEY



An independent survey has been carried out by Mrs. Bhajan Jassell, who is a senior long-term conditions Podiatrist.

A number of renal patients were asked to participate in the survey and the overall findings are as below:

What is of concern is that 51% of renal patients are unaware that neglecting foot problems can lead to serious foot complications, 58% have never seen a Podiatrist.

Some of the foot problems stated in the survey range from corns, callus, various nail conditions, verrucae, plantar fasciitis, dry skin, neuropathy, swelling etc. if you have any of these you need to be referred to your foot clinic or see a Private Podiatrist.

All renal patients need to check their feet daily never neglect any foot problems. It is equally important that you are under the Podiatry team/ or Podiatrist so if any foot problems occur you can access the service quickly, to avoid further foot complications.

During the pandemic if you are not been seen by the foot team regularly, it is paramount you inform the renal team as soon as possible of any foot problems, so they can liaise with the foot team and get the care that you need put in place in these difficult times.

There is a lot of work to be done to ensure that all renal patients have a foot check carried out by a health professional, to assess if there are any circulatory or nerve issues in the feet.

Patient information leaflets regarding Foot Care for renal patients can be requested from the NKF Helpline on telephone number
0800 0169 0936

Titles are:

Foot Ulcers

Footwear

Holiday feet

Charcot feet

Renal Foot Screening